

# 14TH EUROPEAN AEROBIC CHAMPIONSHIPS - FOR SENIORS

Ganja (AZE) NOVEMBER 14-16/11/2025



## Training Schedule 13th November 2025

											1st Day	
Group No.	NF	Units	NF	Units	NF	Units	Total 3'/Units	Required time in minute	Training Floor		Competition Floor	
									1	2		
1	POR	11	TUR	5			16	48	09:45		11:00	11:48
2	ESP	12	LTU	3			15	45		10:33	11:48	12:33
3	UKR	8	CZE	6			14	42	11:18		12:33	13:15
4	FRA	5	FIN	8	MDA	1	14	42		12:00	13:15	13:57
5	ITA	12	SVK	3			15	45	12:42		13:57	14:42
6	ROU	10	AZE	5			15	45		13:27	14:42	15:27
7	HUN	5	BUL	6	GRE	4	15	45	14:12		15:27	16:12
8	GER	8	GBR	6			14	42		14:57	16:12	16:54

14th November 2025

											2nd Day			
Group No.	NF	Units	NF	Units	NF	Units	NF	Units	Total 3'/Units	Required time in minute	Training		Competition Floor	
											1	2		
1	AZE	3	ROU	6	GBR	1			10	30	08:15		09:30	10:00
2	ESP	6	GER	4					10	30		08:45	10:00	10:30
3	FIN	5	POR	5					10	30	09:15		10:30	11:00
4	CZE	3	HUN	4	BUL	3			10	30		09:45	11:00	11:30
5	ITA	6	FRA	2	GRE	2			10	30	10:15		11:30	12:00
6	UKR	4	TUR	2	LTU	1	SVK	1	8	24		10:45	12:00	12:24